

SAISD CHILD NUTRITION SERVICES
FRESH FRUIT & VEGETABLE PROGRAM

GREEN BEANS



Green beans are crunchy green pods waiting to be snapped. When you take a bite, you'll discover a satisfying crunch and a mild, delicious flavor that's easy to enjoy. These green goodies are tasty and packed with vitamins that help keep you strong and healthy. Whether you prefer them steamed, stir-fried, or even dipped in a tasty sauce, green beans are a fantastic way to make your meals colorful and full of tasty adventures.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER